

# TRUE VINE WEEKLY



**Sermon: Believing in the Power of Prayer**

## Our 10 Convictions

1. Proclaiming the authority of God's word
2. Worshipping God in spirit and truth
3. Believing in the power of prayer
4. Making disciples who make disciples
5. Sharing the gospel of Jesus Christ with boldness
6. Giving generously because God has given to us
7. Serving with our spiritual gifts to build up the body
8. Sending resources and qualified leaders to plant churches
9. Celebrating God's design for marriage, gender and the family
10. Protecting the flock from spiritual threats and wolves

## Sermon Recap

Prayer isn't meant to be an occasional response; it's meant to be a way of life. When the Apostle Paul wrote to the church in Thessalonica, he urged them to "pray without ceasing," reminding them (and us) that constant connection with God is essential for spiritual life. Just like we breathe without thinking, prayer is meant to become a steady rhythm in our lives. Through everyday, ongoing conversation with God—talking and listening—we grow to trust Him, know Him, and walk in His will. The question now is simple but challenging: What if we truly believe in the power of prayer?



## Scripture Reference

1 Thessalonians 5:16–18



## This Week's Keys to Remember

- Prayer isn't complicated; it's simply talking with God.
- We need prayer like we need oxygen. It sustains our spiritual lives.
- What we practice becomes habit. A life of prayer is built over time.
- God invites us not just to speak, but to listen and trust Him.



### Pause & Reflect

- When during your day do you tend to forget about God completely? What would it look like to invite Him into those moments?
- Do your prayers feel more like a last resort or a daily rhythm? Why?
- What might God want to say to you if you slowed down long enough to listen?



### On Mission!

Prayer doesn't just change us. It shapes how we love others. This week, try putting one or more of these ideas into practice:

- Hold your spouse's hand & pray together or pray over your kids.
- Call or sit with a friend and invite them into a moment of prayer.
- Ask someone: "How can I pray for you?" and actually follow through.
- Pray regularly for one person who doesn't know Jesus yet.
- Invite someone into prayer with you before a meal, meeting, or moment of need.
- Model a lifestyle of prayer so others can see what it looks like to walk with God.



There is no greater privilege than praying with those God has placed in your life. Let's get out there and practice doing it!



### Around the Table

Consider these questions with family and friends, or even just think about them on your own:

- What does "praying without ceasing" actually look like in your everyday life?
- Can you think of a time when you should have prayed first but didn't? What happened?
- Why do you think it can be hard to listen for God?



## Kids' Corner



### Question to Talk About

What does it mean to pray and when can we do it?



### Family Time

Play a Game of "Popcorn Prayers"

- Find an item that can be tossed from person to person, like a popcorn kernel popping.
- Sit together and take turns saying short, one-sentence prayers out loud. The first person holding the item starts. (Examples: "Thank you, God, for today." "Help me be kind." "I love you, God.")
- Then, after a person prays, they toss the "popcorn" item to another person.
- Keep it light and quick so everyone can everyone can join in, playing as many rounds as you like.



### Verse to Remember

"Pray without ceasing." 1 Thessalonians 5:17

\*Practice saying it at least once a day!



### Key Truth

I can talk to God anytime, anywhere, about anything.

